Men's Health Perspectives Diversity and Paradox

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Men, Masculinities and Health. B. Hall 2009-10-23 Men drink too much alcohol, eat unhealthy food and avoid exercising. But the state of men's health is far worse than the situation suggests - just take a look at the statistics. By the time they are diagnosed with a potentially treatable condition, men are often in advanced stages of the disease. Why does the situation work so far? This deeply engaging book explores both the psychological and sociological factors that influence men's health. It investigates how notions of masculinity impact on the individual's approach to health and take-up of medical care, and provides brief vignettes of successful masculinities as part of the change process. Part 1 offers an introduction to the theoretical perspectives that inform the book and set the theoretical scene. It asks why disparate fields have not previously been brought together and what might be moving the social sciences in new directions. Part 2 considers the relationship of men, health and illness, providing critical rather than simply descriptive accounts. Bringing together an international collective of contributors, Mens, Masculinities and Health provides fresh ideas for practice, catalyzing a fertile field for future debate that will excite all those interested in gender issues.

Men's Health in Primary Care. [ed.] Heidemaagd 2016-01-14 This book fills a major gap in the literature by providing orientation and guidance on these gender differences in men's health. Each chapter relates to the gender differences of the condition, risk factors, diagnosis and treatment, resulting in practical guidance for healthcare professionals. The book is written in easily accessible language, and is intended for healthcare professionals, general practitioners, practice nurses, and practitioners working in multidisciplinary settings. Written solely to improve men's health, this book serves as an accessible, practical reference for clinicians and educators, as well as for patients, family members, and friends. The book is structured to provide an overview of the genders and the impact of gender on men's health, before delving into gender differences in health-related factors, and looks at how these are related to the clinical issues that affect them. It also provides an overview of gender differences in healthcare as well as acute and chronic medical and psychological diseases. The book also offers current evidence-based guidelines for wellness and health maintenance. Topics include the problem of helping men seek services, sexual relationships, and understanding the medical and healthcare process. This book will be of interest to students of nursing, medicine, public health, and medicine. Aims of this book comprehensively reviews an important dimension of a male health and examines the contributing factors that influence men's health, quality of life, psychological and physical well-being, and socioeconomic status. The book provides solid guidance for males to optimize their well-being and prevent illness and impairment. Each chapter builds upon the previous one and incorporates new research-based guidelines and findings that are applicable to both clinical and research settings. The book also includes a comprehensive review of the evidence-based guidelines for wellness and health maintenance. This book will be of interest to students of nursing, medicine, public health, and medicine.

EBOOK: Understanding Men and Health: Masculinities, Identity and Well-being-Steve Robertson 2007-06-16 "Through accessible in style, this book is not an easy read. Chapters brim with information and analysis. A. M. neauthor could have written an entire book from the information Robertson expresses in a single chapter. So insightful is his analysis that he leaves the mind racing with thoughts and ideas." Nursing Standard 2007-01-09 "For anyone interested in men's health, this book offers a comprehensive and accessible overview of the current research and understanding of the relationships between cultural understandings and health-related issues. It looks at important issues such as prostate cancer, chest pain and heart disease and how men experience such problems. It examines sexual identity, mental illness and ethnicity as well as the role that sport can play in men's health outcomes.

An International Psychology of Men-Christ Blażina 2011-11-06 This book is the first to provide a contextual understanding of the complexities of the male experience, establishing a wide range of cultural and national settings. It demonstrates that gender cannot anymore be viewed as an isolated characteristic; in an era of increased globalization, mental health professionals need to take into account cultural and ethnic influences in their work. The book examines the diverse cultural settings in which men find themselves, elucidating their relationships within society, and focuses on the factors that influence their health and well-being. It is written in a concise and comprehensible style, and the book examines the diverse cultural settings in which men find themselves, elucidating their relationships within society, and focuses on the factors that influence their health and well-being. It is written in a concise and comprehensible style, and is indispensable for researchers in the field of psychology, as well as for professionals working in this area. It is also valuable for anyone interested in understanding the cultural and social factors that influence men's health and well-being.

Men's Health-Abrom Broom 2009-04-13 This book explores the social, political and theoretical understandings of the health and illness of men. It is the first book to provide a context for understanding the male health and illness experience, establishing a wide range of cultural and national settings. It demonstrates that gender cannot anymore be viewed as an isolated characteristic; in an era of increased globalization, mental health professionals need to take into account cultural and ethnic influences in their work. The book examines the diverse cultural settings in which men find themselves, elucidating their relationships within society, and focuses on the factors that influence their health and well-being. It is written in a concise and comprehensible style, and the book examines the diverse cultural settings in which men find themselves, elucidating their relationships within society, and focuses on the factors that influence their health and well-being. It is written in a concise and comprehensible style, and is indispensable for researchers in the field of psychology, as well as for professionals working in this area. It is also valuable for anyone interested in understanding the cultural and social factors that influence men's health and well-being.

Fundamental Aspects of Men's Health-Edward McLeod 2005-11-01 This book explores the social, political and theoretical understandings of the health and illness of men. It is the first book to provide a context for understanding the male health and illness experience, establishing a wide range of cultural and national settings. It demonstrates that gender cannot anymore be viewed as an isolated characteristic; in an era of increased globalization, mental health professionals need to take into account cultural and ethnic influences in their work. The book examines the diverse cultural settings in which men find themselves, elucidating their relationships within society, and focuses on the factors that influence their health and well-being. It is written in a concise and comprehensible style, and the book examines the diverse cultural settings in which men find themselves, elucidating their relationships within society, and focuses on the factors that influence their health and well-being. It is written in a concise and comprehensible style, and is indispensable for researchers in the field of psychology, as well as for professionals working in this area. It is also valuable for anyone interested in understanding the cultural and social factors that influence men's health and well-being.

Concepts in Male Health-Roger S Kirby 2021-07-23 Since its first edition, Men’s Health has established itself as the essential reference for practitioners across the spectrum of medicine - including those working in surgery, radiology, endocrinology, family practice and mental health. For this fully updated fourth edition the editors have once again assembled an international team of experts to write on an encyclopedic range of topics, making it an invaluable reference for all men's health clinicians, researchers and healthcare professionals in maintaining and improving the health of their male patients. Comprehensive coverage of every aspect of men's health and the gender differences in health is the latest research on cardiovascular risk. Assess the specific issues concerning men and women. Examine the often overlooked aspects of mental health as it affects men. Incorporates new developments in metabolic medicine and men.

Men's Health-McLoone Sligo Institute of Technology, Ireland "Steve Robertson has written a valuable book that will serve as an excellent introduction to social science perspectives on the link between masculinities and men's health... The book is written in easily accessible language, and is intended for healthcare professionals, medical students and nurses. It outlines current understanding of the clinical issues that affect men and healthcare professionals. The book provides solid guidance for males to optimize their well-being and prevent illness and impairment. Each chapter builds upon the previous one and incorporates new research-based guidelines and findings that are applicable to both clinical and research settings. The book also includes a comprehensive review of the evidence-based guidelines for wellness and health maintenance. Topics include the problem of helping men seek services, sexual relationships, and understanding the medical and healthcare process. This book will be of interest to students of nursing, medicine, public health, and medicine.

Psychological Responses to Violations of Expectations: Perspectives and Answers from Diverse Fields of Psychology-McGill University 2007-12-15 This handbook offers a comprehensive and accessible overview of the current research and understanding of the relationships between cultural understandings and health-related issues. It looks at important issues such as prostate cancer, chest pain and heart disease and how men experience such problems. It examines sexual identity, mental illness and ethnicity as well as the role that sport can play in men's health outcomes.

Embracing Well-being in Diverse African Contexts: Research Perspectives-Ludmila Schultz

Social Determinants of Health Among African-American Men-Herica M. Towne8d 2012-02-09 This groundbreaking book applies the concept of social determinants health to the health of African-American men. While there have been significant efforts in recent years to reduce health disparities, very little empirical research and data, this book provides an interdisciplinary exploration of the links between men, health and health disparities. It looks at important issues such as prostate cancer, chest pain and heart disease and how men experience such problems. It examines sexual identity, mental illness and ethnicity as well as the role that sport can play in men's health outcomes.

Cambridge Handbook of Psychology, Health and Medicine-Susan Ayres 2007-08-23 Health psychology is a rapidly expanding discipline at the interface of psychology and clinical medicine. This new edition is fully revised and reworked, offering an entirely up-to-date, comprehensive, accessible, one-stop resource for clinical psychologists, mental health professionals and specialists in health-related matters. The book is written in easily accessible language, and is intended for healthcare professionals, medical students and nurses. It outlines current understanding of the clinical issues that affect men and healthcare professionals. The book provides solid guidance for males to optimize their well-being and prevent illness and impairment. Each chapter builds upon the previous one and incorporates new research-based guidelines and findings that are applicable to both clinical and research settings. The book also includes a comprehensive review of the evidence-based guidelines for wellness and health maintenance. Topics include the problem of helping men seek services, sexual relationships, and understanding the medical and healthcare process. This book will be of interest to students of nursing, medicine, public health, and medicine.

Global Civil Society 2005-06-Helmut K Ansbacher 2015-10-04 This fifth Global Civil Society Yearbook continues the intellectual shaping of an emerging global civil society. As the Global Call for Action on Poverty, G-Cap, makes its call for a new, post-2015 development framework that is global in scope, this report is central to each country and UN reform, with a focus on gender and social movements, provides a timely intellectual resource to strengthen shared understanding. Mary Robinson. These annual volumes have been developed by the Global Call for Action on Poverty and 2015's edition updates the report on global civil society with a focus on gender and social movements. The report is aimed at those working in civil society, with a focus on gender and social movements. Although it is primarily designed for researchers and civil society actors, the book also provides a useful summary of the key trends and insights from the previous edition. This edition is one of the few that combines the insights and perspectives of a range of different actors and organizations, including those from the Global Call for Action on Poverty, G-Cap, and the Global Women's Network. It offers a broad and inclusive view of the challenges facing civil society in the coming years, and provides a valuable resource for anyone interested in the future of global civil society.
Better Health through Spiritual Practices: A Guide to Religious Behaviors and Perspectives that Benefit Mind and Body—Nan D. VonDress PhD, 2017-08-18 is an in-depth examination of religious practices around the world and the fascinating science behind how they make us healthier. • Features the contributions of international scholars from around the globe • Contains content across disciplines, including health, psychology, and theology • Provides characterization of Eastern and Western religious ideologies and perspectives and explains how these orientations may influence lifestyle practices and impact health behavior • Discusses Eastern, Western, agnostic, and atheistic belief systems • Describes more than 10 religious perspectives and their practices.

Qualitative Designs and Methods in Nursing (Set)—Mary De Chesnay, PhD, RN, PMHCNS-BC, FAAN 2014-12-19 This is the first series to comprehensively address leading qualitative research designs and methods from a nursing perspective, and is a must-have for every research library. These are practical, how-to guides to conducting research using seven different qualitative designs that encompass new and traditional methodologies. Written by Dr. Mary de Chesnay, a noted qualitative research scholar, and contributing specialists in each of the qualitative methods, each of the seven books discusses the theoretical rationale for using a particular design, describes its components, and delineates a practical plan to conduct studies. Utilizing a practical, problem-solving approach, the books delineate appropriate methods, ethical considerations, critical issues, and potential pitfalls. Examples of published qualitative nursing research worldwide, along with author commentary, support the new researcher in making decisions and facing challenges. Case studies follow a template that includes a description of the study, data collection and analysis, and dissemination. Also included are techniques whereby researchers can ensure high standards of rigor, and an extensive bibliography and list of resources. The books practical point of view is geared to help novice researchers and specialists alike develop or expand their competencies, engage in critical practice, and transfer their findings to evidence-based practice in nursing and other health care disciplines. Quizzes at the end of the chapters help researchers ascertain the extent to which they have learned the material; the key for each quiz includes details about correct and incorrect responses so that additional learning can occur. Active learning experiences that invite researchers to interview diverse elders, conduct internet searches, and give an analysis of a case study. Suggested readings and audiovisual resources given at the end of each chapter serve as a guide to additional information on topics covered in the chapter. This approach of presenting the material will help the readers understand and apply key concepts and principles in ways that will not only improve the lives of older people they serve, but will also enhance their own aging experience.

Aging and Diversity—Chandra Mehrotra 2013-03-07 This new edition has been completely rewritten and includes chapters that address key topics in diversity and aging: research methods, psychological aging, health beliefs, behaviors, and services; health disparities; informal and formal care for older persons; work and retirement; religious affiliation and spirituality, and death, dying, and bereavement. Taking a broad view of diversity, Mehrotra and Wagner discuss elements of diversity such as gender, race or ethnicity, religious affiliation, social class, rural-urban community location and sexual orientation. Including these elements allows them to convey some of the rich complexities of our diverse culture - complexities that provide both challenges to meet the needs of diverse population and opportunities to learn how to live in a pluralistic society. Throughout the book, Mehrotra and Wagner present up-to-date knowledge and scholarship in a way that engages readers in active learning. Rather than simply transmitting information, the authors place ongoing emphasis on developing readers' knowledge and skills, fostering higher order thinking and encouraging exploration of personal values and attitudes. Distinctive features of the book include: Opening vignettes for each chapter that present a sampling of how the issues to be discussed apply to diverse elders. Active learning experiences that invite readers to interview diverse elders, conduct internet searches, and give an analysis of a case study. Quizzes at the end of the chapters help readers ascertain the extent to which they have learned the material; the key for each quiz includes details about correct and incorrect responses so that additional learning can occur. Aging and Diversity Online lenses interspersed throughout the book provide internet resources that readers may use to find new research and publications. Suggested readings and audiovisual resources given at the end of each chapter serve as a guide to additional information on topics covered in the chapter. This approach of presenting the material will help the readers understand and apply key concepts and principles in ways that will not only improve the lives of older people they serve, but will also enhance their own aging experience.